

THE SCHOOL DISTRICT OF PHILADELPHIA
SCHOOL HEALTH SERVICES

Notice to Parent, Pediculosis

Dear Parent/Guardian of _____ Room/Grade _____

Upon examination, the school staff has found that your child has HEAD LICE/NITS (eggs).

- Having head lice is not something to be ashamed of and **DOES NOT** mean your child is dirty.
- Head lice do not carry disease.
- Head lice do spread to others and must be treated at once.

YOUR CHILD CANNOT COME BACK TO SCHOOL UNTIL HE /SHE HAS BEEN TREATED!

An adult must bring the child and proof of treatment to a school staff member, who will recheck the child's hair.

Treatment for Head Lice

1. There are lice killing treatments which you can buy at the drug store or the health food store. You can also get a prescription from your doctor.
2. Be sure to follow **ALL** the instructions on the box/bottle **EXACTLY!**
3. Check everyone in the house for lice/nits. Treat everyone who has head lice/nits at the same time.
4. The **BEST WAY TO STOP HEAD LICE** from coming back is to pull out all the nits (eggs) from the hair. You can use a fine-tooth comb or pull them out with your fingers.

Cleaning the Home and Household Items

Everything that touches the head or shoulders can spread lice and should be cleaned as follows:

1. All hats, hair ribbons, scarves, clothes, pajamas, coats, towels, sheets, blankets and bed spreads should be cleaned by machine washing in hot water and dried using the hot cycle of a dryer for at least 20 minutes.
2. Anything that cannot be washed such as stuffed animals or pillows should be dry-cleaned or sealed in a plastic bag for 2 weeks.
3. Combs and brushes should be cleaned by soaking in very hot water for 10 minutes.
4. Vacuum everywhere including rugs, mattresses, upholstered furniture and car seats.

Certified School Nurse _____ Date _____